

### **BREAKFAST**

### MONDAY-SUNDAY | 0700HRS - 1030HRS

HEALING JUICES 399 S BIRCHER MUESLI (1) (3) (4) 700 yoghurt, oats, toasted almonds, apple, carrot and honey pineapple, lime and mint crushed together with green apple juice and a touch of ice CEREAL SELECTION 700 Superb refreshment after any meal and highly recommended for hyperacidity or reflux. corn flakes/ wheat flakes/ chocos/ dry muesli/ all bran served with full cream, skimmed or soy milk CLEAN & GREEN apple, celery, kiwi, lime, honeydew melon and coriander FRESHLY BAKED BAKERY DELIGHTS (1) 700 A delicious 'whole-food' supplement full of nutrients. choose any 4 anish pastry FRESH GINGER ALE ginger, green apple and sparkling mineral water muffin doughnutA sparkling refresher good for digestion. croissantTUMMY LITE bread rolls ginger with cabbage, green apple and carrot toast bread (3 pieces) white/ multigrain/ brown Stimulates and benefits digestive function while reducing acidity. served with preserves and butter GREEN ZINGER celery with lemon, green apple and carrot Relieves headaches and reduces high blood pressure. Has a calming effect.

### AMERICAN BREAKFAST 1400

CHOICE OF FRESH FRUIT / VEGETABLE JUICE (SEASONAL)

SEASONAL FRESH FRUITS

BREAKFAST CEREAL WITH HOT / COLD / SOY MILK

BIRCHER MUESLI 10 0 🛆

TWO EGGS YOUR STYLE

fried/scrambled/boiled/omelette

served with pork bacon/chicken sausage hash brown, grilled tomato, vegetables

BAKERY DELIGHTS (choose any three)

oven fresh croissant / Danish pastry/ muffin/ doughnut

WHITE OR BROWN TOAST

served with butter & preserves

FRESHLY BREWED COFFEE

SELECTION OF TEAS

HOT CHOCOLATE

### = EARLY START ====

RED ZINGER

BODY CLEANSE

GENTLE CLEANSE carrot and apple juice

GREEN POWER

RED EYE carrot and beetroot

GREEN TWO spinach and carrot

beet with cucumber, carrot and ginger

carrot, cucumber, beet, parsley, celery and garlic

Gently stimulates the liver and benefits the eyes.

Cleanses the liver and benefits the eyes.

Stimulates and cleanses the liver while promoting skin renewal.

leafy greens and parsley with green apple, cucumber, broccoli and lime

Potent body cleanser. High in nutrients and antioxidants.

Boosts antioxidants, alkalizes and oxygenates your body.

Digestive support with an abundance of iron and carotenoids

FRESH JUICES 300 FRUITS orange/watermelon/pineapple VEGETABLES tomato/beetroot/carrot/cucumber LASSI 0 300 sweet/salted/plain BUTTERMILK (1) 300 salted/ masala/plain SEASONAL SLICED FRUIT PLATTER 750 locally sourced seasonal fruit selection (5 types) YOGHURT (1) 350 plain/blueberry/banana

CONTINENTAL BREAKFAST 1050

CHOICE OF SEASONAL FRESH FRUIT JUICE

SEASONAL FRESH FRUITS

BAKERY DELIGHTS (choose any three)

Oven fresh croissant/ Danish pastry/ Muffin/ Doughnu

WHITE OR BROWN TOAST SERVED WITH BUTTER AND PRESERVES

FRESHLY BREWED COFFEE OR SELECTION OF TEAS OR HOT CHOCOLATE





### BREAKFAST

### MONDAY-SUNDAY | 0700HRS - 1100HRS

**SIDE PORTIONS** 

WELLNESS BREAKFAST 1250

THREE EGGS INDIAN STYLE MASALA OMELETTE local street style omelette with onion, tomato, green chilli and coriander

<ul> <li>IMMUNE BOOST JUICE         carrot, orange, green apple, celery, ginger         rich in immune-supportive vitamins         or         SEASONAL CUT FRUIT PLATTER         COCONUT CINNAMON STEEL CUT OATMEAL</li></ul>		<i>Q Q</i>	SEASONAL BUTTERED VEGETABLES  GRILLED TOMATO SAUTÉED MUSHROOM HASH BROWN PORK BACON  CHICKEN SAUSAGE  INDULGENCE  BRIOCHE FRENCH TOAST berry compote, maple syrup, whipped cream  BUTTERMILK PANCAKES	250 250 250 250 450 450
■ LOCAL BREAKFAST 1250 ■ CHOICE OF PARATHA		<u> </u>	berry compote, maple syrup, whipped cream	800
potato/onion/cauliflower/cottage cheese (1)			— ALA CARTE BREAKFAST —	
or  DOSA  Plain/Masala  served with chutney and sambhar		Q	DOSA 0 0 plain/masala/mysore masala/ragi crisp-thin rice pancakes served with sambhar and chutneys	800
SEASONAL FRESH FRUITS LASSI		Q	MASALA UTTAPAM 0 0 srice and lentil pancakes, topped with chopped vegetables, served with sambhar and chutneys	800
Sweet/Salted 0 or		Q	IDLI  steamed rice cakes, served with sambhar and chutneys	750
FRESHLY SQUEEZED JUICE  orange/carrot/pineapple/watermelon freshly brewed coffee or selection of teas or hot chocolate		Q	WHOLE WHEAT POORI (4 PCS) deep fried breads, served with potato curry and pickle	750
EGG COOKERY all egg preparations are served with hash brown, choice of chicken sausage /pork bacon choice of toast — white, brown, multigrain		Q	STUFFED TAWA PARANTHA (2 PCS) 0 Potato/Onion/Cauliflower/Cottage cheese served with housemade white butter, yoghurt, pickle	750
TWO EGGS ANY STYLE	900	Q	MASALA DALIYA 0	650
fried / poached / boiled / omelette Choice of Vegetables- onion/tomato/mushroom/bell pepper/asparagus/spinach Meats- chicken/pork ham/pork bacon			broken wheat porridge, cooked with onion, tomato and Indian spices	
Cheese - cheddar/goat cheese/feta/emmenthal  EGGS BENEDICT   pork ham, English muffin, poached egg, hollandaise	1000			

900



LUNCH & DINNER 1200 HRS - 2330 HRS

### **SANDWICHES/BURGERS/ROLLS**

sandwiches and burgers will be served with French fries and house salad on the side.

CLUB SANDWICH (1) (1) (1) EWR 1350 toasted white bread, sliced grilled chicken, fried egg, pork bacon, iceberg lettuce, tomatoes

VEGETARIAN CLUB (1) W (1) EWR 1200 toasted white bread, caramelised onions, zucchini, marinated peppers, tomatoes cucumber feta quantity 250gm, protein 11gm, carbs 32.6gm, fat 31.58gm, calories 458.65 kcal

quantity 250gm, protein 30.03gm, carbs 16.35.6gm, fat 53.53gm, calories 667.28 kcal

HIGH PROTEIN QUINOA AND CHICK PEA (1) W 审 CAI 1200 BURGER garlic yoghurt, iceburg, tomatoes, sesame bun quantity 250gm, protein 11.5gm, carbs 58.24gm, fat 44.14gm, calories 676.20 kcal

MEDITERRANEAN VEGETABLE AND (1) NAP 1200 CHEESE PANINI grilled zucchini, bell peppers, onions, air-dried tomatoes, aged yellow cheddan basil pesto mayo quantity 250gm, protein 6.35gm, carbs 15.26gm, fat 45.29gm, calories 494.1 kcal

PANEER TIKKA KATHI ROLL (1) LKO 1200 tandoor roasted cottage cheese, roomali roti quantity 250gm, protein 20.49gm, carbs 53.64gm, fat 9.52gm, calories 382.24 kcal

GRILLED CHICKEN PANINI (1) NAP 1300 roasted chicken, gherkin, caramalised onions, mustard mayonnaise quantity 250gm, protein 13.7gm, carbs 46.75gm, fat 36.94gm, calories 574.29 kcal

TENDERLOIN BURGER (1) 🐶 🖘 🕕  $M\Delta H$ sesame bun, garlic, aged cheddar, water buffalo tenderloin patty, emmenthal cheese quantity 250gm, protein 29.54gm, carbs 28.49gm, fat 48.21gm, calories 666 kcal

▲ CHICKEN BURGER ① 🐓 🖘 EWR 1300 cajun spiced fried chicken picatta, iceberg, tomatoes, chipotle mayonnaise, sesame bun quantity 250gm, protein 30.34gm, carbs 28.81gm, fat 46.14gm, calories 651.82 kcal

MURGH TIKKA KATHI ROLL 🗓 🐓 🏶 LKO 1300 tandoor roasted chicken, roomali roti quantity 250gm, protein 22.75gm, carbs 66.36gm, fat 6.95gm, calories 418.98 kcal

### SALADS —

CAESAR SALAD MEX heart of romaine lettuce, focaccia crouton, Caesar dressing, barmesan shaved and grated

Vegetable 🗓 🖤 🐞 quantity 180gm, protein 12.4gm, carbs 18.97gm, fat 11.25gm, calories 226kcal

Chicken (1) W (1) (10) quantity 180gm, protein 20gm, carbs 16gm, fat 10gm, calories 234kcal

Classic (bacon and anchovies) (1) W (1) (0) quantity 180gm, protein 12gm, carbs 23gm, fat 27gm, calories 386kcal

### — SALADS —

MEZZE PLATTER 🛈 🦃 IST 1200 hummus, babaghanoush, tabouleh, fattoush, tzasiki, marinated olives, grilled pita quantity 250gm, protein 11.54gm, carbs 50.27gm, fat 9.20gm, calories 330.10 kcal

ARUGULA SALAD, POMEGRANATE AND (1) (DG 1200 WARM GOAT CHEESE balsamic vinaigrette, candied walnuts quantity 150gm, protein 11gm, carbs 18gm, fat 18.23gm, calories 278kcal

MARINATED HEIRLOOM TOMATOES ON AND BOCONCINNI SALAD NAP 1300 arugula, pinenut pesto, balsamic reduction, evoo quantity 150gm, protein 16gm, carbs 9.15gm, fat 30gm, calories 371 kcal

QUINOA SALAD 🚳 🗓 LIM 1300 ir-dried tomatoes, Kalamata olives, pesto and lemon vinaigrette dressing quantity 150gm, protein 13gm, carbs 13gm, fat 34gm, calories 412 kcal

### — SUSHI ROLLS HND —

TEMPURA ASPARAGUS ROLL 🖘 🖗 © 1200 tempura fried as togarashi mayo, sesame seeds quantity 125gm, protein 2.79gm, carbs 32.65gm, fat 1.04gm, calories 151.12 kcal

SPICY AVOCADO 1200 cucumber, avocado, tanuki, spicy mayo quantity 125gm, protein 6.5gm, carbs 46.55gm, fat 11.92gm, calories 319.415 kcal

GREEN VALLEY FUTOMAKI 💝 🐓 🥴 🔘 cucumber, asparagus, red peppers, Japanese mayo quantity 125gm, protein 5.48gm, carbs 44.515gm, fat 11.38gm, calories 302.425 kcal

EBI TEMPURA ROLL 🦃 🍪 🔘 tempura fried prawns, Japanese mayo, sesame seeds quantity 125gm, protein 7.93gm, carbs 49.65gm, fat 8.34gm, calories 305.38 kcal

SALMON ROLL 💝 🐓 🍪 🔘 🕸 😫 1400 salmon, avocado, spicy mayo, spring onion quantity 125gm, protein 7.35gm, carbs 59.85gm, fat 11.65gm, calories 373.65 kcal

CALIFORNIAN ROLL 🐓 🍪 🔘 🕸 😫 1400 crab stick, avocado, prawns, cucumber, tobiko quantity 125gm, protein 5.135gm, carbs 29.1gm, fat 12.45gm, calories 248.99 kcal

### — ASIAN —

### WOK TOSSED PEK/BKK

Noodles with Prawn 🐓 😫 quantity 250gm, protein 27.07gm, carbs 83.95gm, fat 24.22gm, calories 662.06 kcal

Noodles with Chicken 💝 🕼 🚳 🔘 quantity 250gm, protein 37.88gm, carbs 89.83gm, fat 26.74gm, calories 751.5 kcal Noodles with Egg 📚 🕼 & 🔘

quantity 250gm, protein 23.13gm, carbs 111.76gm, fat 25.15gm, calories 765.89 kcal Noodles with Vegetable & 1000

quantity 250gm, protein 19.28gm, carbs 90.66gm, fat 24.84gm, calories 663.31 kcal

Fried rice with Prawn 💚 🕌 quantity 250gm, protein 26.6gm, carbs 125.21gm, fat 15.63gm, calories 747.9 kcal

Fried rice with Chicken W & O quantity 250gm, protein 32.84gm, carbs 126.69gm, fat 14.1gm, calories 765.05 kcal

Fried rice with Egg & © & quantity 250gm, protein 20.44gm, carbs 155.14gm, fat 23.97gm, calories 918.01 kcal

Phad Thai with Prawn \* W & & S quantity 250gm, protein 10.89gm, carbs 59.31gm, fat 7.18gm, calories 345.44 kcal

Phad Thai with Chicken 🗣 🕜 🚳 🗓 quantity 250gm, protein 16.25gm, carbs 62.08gm, fat 7.75gm, calories 383.07 kcal

A Phad Thai with Egg W & O quantity 250gm, protein 11.07gm, carbs 76.7gm, fat 7.55gm, calories 419.02 kcal

Phad Thai with Vegetable 🕏 🐓 💰 🔱 quantity 250gm, protein 11.06gm, carbs 77.57gm, fat 7.48gm, calories 421.79 kcal

### — ASIAN —

TOM YUM Bangkok style spicy and sour broth with lemon grass and kafir lime

Prawn 📚 🚺 🙈 😫 🕲 uantity 220gm, protein 17gm, carbs 19gm, fat 2.5gm, calories 164kcal

A Chicken 📚 🚳 🔘 nuantity 220gm, protein 21.5gm, carbs 9.1gm, fat 4gm, calories 163kcal

Vegetable 🕏 🙈 🕲 quantity 220gm, protein 2.1gm, carbs 8gm, fat .63gm, calories 46.3kcal

▲ KHAO SOI NYT Burmese special coconut curry soup, crispy noodles, sprouts, chili paste, garlic, fried onion, peanuts, lime

A Prawn 💝 🙈 ы quantity 220gm, protein 13gm, carbs 49gm, fat 39gm, calories 600kcal

A Chicken 📚 🕼 🙈 quantity 220gm, protein 16gm, carbs 48gm, fat 42gm, calories 632kcal

Vegetable 🕏 🕼 🙈 nuantity 220gm, protein 6.01gm, carbs 48gm, fat 45gm, calories 619kcal

LHW ASIAN CLEAR NOODLE SOUP lightly spiced mild flavoured broth

Prawn 📚 🕡 😫 nuantity 220gm, protein 9gm, carbs 12gm, fat 8.3gm, calories 158kcal

Chicken W 🕏 😞 quantity 220gm, protein 12.4gm, carbs 11gm, fat 9gm, calories 171kcal Vegetable 🕏 💝

BKK SOL 7 SATAY grilled skewers served with peanut sauce Prawn 🖘 🗸 😂 😂

uantity 220gm, protein 3.1gm, carbs 11gm, fat 4.1gm, calories 94kcal

quantity 180gm, protein 25.6gm, carbs 6.3gm, fat 3gm, calories 155kcal Chicken 📚 🙈 🕲

quantity 180gm, protein 10gm, carbs 38gm, fat 3.3gm, calories 219kcal **■** Tofu **♦ ♦ ♦ ♦** 1000 quantity 180gm, protein 15gm, carbs 11.5gm, fat 8gm, calories 173kcal

THAI GREEN CURRY RKK served with jasmine rice

**▲** Prawn **⑤ ♦ ♦ ♦ ♦** uantity 250gm, protein 27.03gm, carbs 93.3gm, fat 31.1gm, calories 761.18 kcal

Chicken 🦤 📚 🚳 🕒 🛭 nuantity 250gm, protein 34.2gm, carbs 93.09gm, fat 38.64gm, calories 856.97 kcal

Vegetable 🐓 📚 🚳 🐧 quantity 250gm, protein 10.54gm, carbs 96gm, fat 41.21gm, calories 797.01 kcal

THAI RED CURRY RKK served with jasmine rice

**▲** Prawn 📚 **♦** 😣 😂 (1) 1350 quantity 250gm, protein 18.6gm, carbs127.7gm, fat 41.3gm, calories 956.9 kcal

A Chicken 🕞 🙈 🚳 quantity 250gm, protein 28.99gm, carbs 72.13gm, fat 33.93gm, calories 709.88 kcal

Vegetable 💝 🕼 🙈 🕲 (3) quantity 250gm, protein 14.66gm, carbs 129.85gm, fat 16.78gm, calories 729.1 kcal

CHICKEN KRA POW 💝 🐓 🥝 wok fried minced chicken, garlic, chilly, oyster sauce, and basil served with iasmine rice quantity 250gm, protein 13.54gm, carbs 69.26gm, fat 7.83gm, calories 401.67 kcal

● WOK FRIED TOFU 🕏 🐓 🥝 🛭 PEK 1200 Asian greens, soy, chili and garlic served with jasmine rice

quantity 250gm, protein 12.95gm, carbs 67.62gm, fat 8.38gm, calories 397.73 kcal

### === EUROPEAN ====

**CDG** 750

2100

MAKE YOUR OWN PASTA Penne/ Spaghetti / Whole wheat benne

SAUCES

800

750

700

1100

1000

900

800

700

1250

1100

Arrabiata - tomato sauce, chili flakes 1200 quantity 250gm, protein 16.5gm, carbs 94.62gm, fat 24.42gm, calories 664.21 kcal

Cheese sauce - parmesan, fresh cream (1) quantity 250gm, protein 20.89gm, carbs 87.66gm, fat 16.9gm, calories 586.29 kcal Aglio, olio, pepperoncino - garlic, olive oil, chili flakes (1)

quantity 258gm, protein 15.46gm, carbs 24.77gm, fat 26.68gm, calories 400.98 kcal Lamb Bolognese - lamb, rosemary, tomato 1 1 1 quantity 250gm, protein 17.11gm, carbs 43.22gm, fat 30.36gm, calories 514.58 kcal

Carbonara- pork bacon, egg yolk, cream (1) W quantity 250gm, protein 45.65gm, carbs 72.8gm, fat 47.05gm, calories 897.22 kcal

■ WILD MUSHROOM RISSOTTO ① LIN 1400 grana padano, truffle infused, morel dust quantity 250gm, protein 26.03gm, carbs 87.28gm, fat 29.54gm, calories 719.05 kcal

TOMATO BARLEY RISSOTTO (1) TRS 1400 cherry tomato, goat cheese and arugula quantity 250gm, protein 27.63gm, carbs 98.51gm, fat 25.45gm, calories 733.58 kcal

CDG INTERNATIONAL GRILLS choose your meat with a choice of starch and side

Seabass fillet, LBC sauce (1) (1) quantity 250gm, protein 39.34gm, carbs 8.29gm, fat 45.29gm, calories 597.64 kcal

Chicken breast, mushroom jus 0 160 quantity 250gm, protein 42.98gm, carbs 71.1gm, fat 32.43gm, calories 748.16 kcal

NZ lamb chop, rosemary and shallot jus quantity 250gm, protein 55.31gm, carbs 7.96gm, fat 48.82gm, calories 692.48 kcal

STARCH

Classic potato mash quantity 250gm, protein 3.66gm, carbs 34.82gm, fat 70.92gm, calories 792.21 kcal

Truffle infused green pea mash (1) nuantity 200gm, protein 3.6gm, carbs 31.44gm, fat 7.08gm, calories 176 kcal

Roasted baby potatoes (1) quantity 100gm, protein 0.87gm, carbs 7.33gm, fat 59.28gm, calories 566.3 kcal

Rosemary potato wedges 🐶 quantity 100gm, protein 2.12gm, carbs 19.56gm, fat 5.66gm, calories 137.63 kcal

SIDES

Steamed garden fresh vegetables quantity 100gm, protein 2.71gm, carbs 7.7gm, fat 0.32gm, calories 44.55 kcal Sauteed mushroom quantity 100gm, protein 3.15gm, carbs 4.59gm, fat 2.77gm, calories 55.9 kcal

Healthy house salad quantity 100gm, protein 3gm, carbs 71.1gm, fat 2.27gm, calories 99.45 kcal Grilled peppers 🖺

Additional sides and starch @ 250/-





































All prices are in Indian rupees, government taxes as applicable, no service charge levied, kindly inform us if you have any food related allergies or intolerance. An average active adult requires 2000 kcal energy per day, however calorie needs may vary

### — MAINS —

### **APPETISERS** DAHI KE KEBAB Ů 🐓 1200 hung curd, raisins, black pepper, chilli, crushed coriander seeds quantity 180gm, protein 14.1gm, carbs 42.1gm, fat 13.6gm, calories 347kcal

BHATTI KA PANEER 🗓 🐞 🥯 1200 cottage cheese, sweet peppers, chef's special spice mix quantity 180gm, protein 2.7gm, carbs 19.4gm, fat 104gm, calories 392kcal

BHARWAN TANDOORI ALOO 🕛 🛸 DEL 1200 narinated stuffed potatoes

quantity 180gm, protein 3.8gm, carbs 27.06gm, fat 144.76gm, calories 1027kcal

KASUNDI TAWA MACCHI 🗓 🛊 🖘 1500 housemade mustard marinated fish cooked on griddle quantity 160gm, protein 19gm, carbs 32gm, fat 6.4gm, calories 260kcal MURGH MALAI TIKKA 🖺 1300 chicken, cheese, cardamom

quantity 180gm, protein 23gm, carbs 17gm, fat 24.5gm, calories 378kcal MUTTON SEEKH KEBAB (1) **ESB** 

minced lamb, garlic, chef's spice mix quantity 180gm, protein 22gm, carbs 29gm, fat 15gm, calories 382kcal

TANDOORI MURGH (1) DEL spring chicken, chili, lime juice half 1400 | full 2500 quantity 250gm, protein 25.09gm, carbs 36.09gm, fat 33.12gm, calories 542.75 kcal

quantity 400gm, protein 40gm, carbs 58gm, fat 53gm, calories 1868kcal KEBAB SAMPLER (3PCS EACH)

AWADHI BIRYANI

 Vegetarian (1) (a) (b) 1700 dahi ke kebab, bhatti ka paneer, bharwan tandoori aloo quantity 300gm, protein 22gm, carbs 38gm, fat 84gm, calories 981kcal

🛕 Non vegetarian 🗓 🍵 🕸 🚳 2100 kasundi tawa macchi, mutton seekh kebab, murgh malai tikka quantity 300gm, protein 36gm, carbs 45.4gm, fat 14gm, calories 1560kcal

### === RICE AND BIRYANIS ====

Awadhi style fragrant basmati rice, mint, saffron, brown onion ▲ Chicken 1400 quantity 300gm, protein 27gm, carbs 80gm, fat 20.28gm, calories 607kcal ▲ Mutton 1600 quantity 300gm, protein 18gm, carbs 70gm, fat 29.5gm, calories 617kcal Quinoa 1350 quantity 250gm, protein 9.6gm, carbs 54.71gm, fat 28.71gm, calories 515.64 kcal Vegetable 1300 quantity 300gm, protein 12gm, carbs 36.4gm, fat 8.5gm, calories 270kcal served with burrani raita STEAMED RICE quantity 250gm, protein 4.67gm, carbs 41.86gm, fat 5.02gm, calories 231.31 kcal

— ACCOMPANIMENTS — PLAIN NATURAL YOGHURT 400 quantity 125gm, protein 3.8gm, carbs 6.3gm, fat 4.2gm, calories 78.98 kcal RAITA 🗓 450 7eera quantity 124gm, protein 6.2gm, carbs 13.5gm, fat 6.04gm, calories 135 kcal quantity 125gm, protein 5gm, carbs 10gm, fat 4gm, calories 98 kcal quantity 125gm, protein 5gm, carbs 21gm, fat 2.3gm, calories 125kcal

 GREEN SALAD 500 onion, tomato, cucumber quantity 150gm, protein 3.4gm, carbs 11gm, fat 2.4gm, calories 78kcal

AMRITSARI MURGH TARIWALA 🗓 1600 chicken curry cooked with onion and tomato, spiced with black pepper quantity 320gm, protein 38gm, carbs 30.6gm, fat 37gm, calories 603kcal

MURGH MAKHANWALA 🧠 🗓 DEL 1600 harred boneless chicken cooked with butter and tomato gravy quantity 300gm, protein 23gm, carbs 67gm, fat 51gm, calories 821kcal

LAL MAAS in the smoked mutton curry cooked with chillies and yoghurt UDR 1700 quantity 300gm, protein 8.1gm, carbs 32gm, fat 57gm, calories 676kcal

MALABAR CURRY coastal curry cooked with coconut and finished with kokum 1700 quantity 250gm, protein 35gm, carbs 37gm, fat 44gm, calories 687kcal Prawn ⊱ 📋 1800 quantity 250gm, protein 23gm, carbs 41gm, fat 49gm, calories 697kcal

KHADA DHANIA AUR MIRCHI WALA PANEER 🚳 们 DEL 1300 ottage cheese tempered with chillies, coriander seeds and cooked with fresh tomatoes, sweet peppers quantity 300gm, protein 5.96gm, carbs 13.92gm, fat 8.12gm, calories 149.4 kcal

■ ALOO BUKHARA AUR CHHENE KE KOFTA S (1) W LKO 1300 prunes stuffed deep fried cottage cheese balls cooked in saffron infused cashew nut curry quantity 300gm, protein 20gm, carbs 69gm, fat 37.3gm, calories 694kcal

SUBZ DUM HANDI 🚳 🗓 1200 easonal vegetables cooked with onions, tomatoes and cashew nut quantity 280gm, protein 12.3gm, carbs 51gm, fat 18gm, calories 410kcal

LEHSOONI KHUMB PALAK (1) 1200 garlic tempered spinach cooked with mushroom quantity 300gm, protein 8.5gm, carbs 18.2gm, fat 9.1gm, calories 190kcal

1100

DAL-E-DHUNGAR (1) lack lentil simmered with butter and cream quantity 300gm, protein 37gm, carbs 117gm, fat 26gm, calories 849kcal

DAL TADKA 🗓 DEL 1050 yellow lentil cooked with onions, tomatoes and finished with clarified butter and lemon juice quantity 280gm, protein 40gm, carbs 124.5gm, fat 29.4gm, calories 923kcal

### CLAY OVEN BREADS

ROTI 🦃 Tandoori/Butter/Missi quantity 80gm, protein 6.66gm, carbs 36.6gm, fat 1.35gm, calories 185.216 kcal quantity 80gm, protein 9.8gm, carbs 25.96gm, fat 6.7gm, calories 204.48 kcal quantity 80gm, protein 4.68gm, carbs 25.67gm, fat 3.75gm, calories 155.22 kcal

NAAN 🐶 🗓 Plain/Butter/Garlic quantity 100gm, protein 1.3gm, carbs 8.4gm, fat 1.5gm, calories 53kcal quantity 100gm, protein 0.5gm, carbs 45.4gm, fat 4gm, calories 218kcal quantity 100gm, protein 4.16gm, carbs 46.6gm, fat 22.5gm, calories 77.5kcal

### — CLAY OVEN BREADS — LACHHA PARATHA 🐓 🗓

325

350

350

Butter/Pudina/Ajwaini/Mirchi quantity 100gm, protein 7gm, carbs 45gm, fat 3.3gm, calories 237kcal quantity 100gm, protein 6.2gm, carbs 40gm, fat 5gm, calories 237kcal quantity 100gm, protein 8gm, carbs 44gm, fat 7.2gm, calories 274kcal quantity 100gm, protein 8gm, carbs 43gm, fat 6.5gm, calories 264kcal

KULCHA 🖖 Aloo/Pyaz/Paneer quantity 100gm, protein 6.55gm, carbs 37.35gm, fat 6.13gm, calories 230.73 kcal quantity 100gm, protein 6.32gm, carbs 34.68gm, fat 6.11gm, calories 219.04 kcal quantity 100gm, protein 8.63gm, carbs 41.08gm, fat 9.22gm, calories 281.79 kcal

HEARTY Bajra/Jowar/Ragi quantity 80gm, protein 6.94gm, carbs 32.128gm, fat 4.616gm, calories 197.6 kcal quantity 80gm, protein 7.42gm, carbs 52.47gm, fat 3.576gm, calories 271.2 kcal quantity 80gm, protein 3.08gm, carbs 19.51gm, fat 1.41gm, calories 103.13 kcal

### — MILLETS BASED MENU —

### BREAKFAST

PEARL MILLET CHILLA (1) 800 spiced cottage cheese, date tamarind chutney, mint chutney quantity 80gm, protein 8.09gm, carbs 29.30gm, fat 7.72gm, calories 222.848kcal

FINGER MILLET MASALA PODI UTTAPAM 🌋 800 coconut chutney, tomato chutney, sambhar quantity 100gm, protein 7.79gm, carbs 42.31gm, fat 30.03gm, calories 463.55 kcal

### LUNCH/DINNER

 HIGH FIBER MILLET AND CHICK PEA SALAD 1000 broccoli, cherry tomatoes, cumin honey lemon dressing quantity 120gm, protein 6gm, carbs 35.84gm, fat 3.34gm, calories 193.83 kcal

PEARL MILLET KHICHDI (1) vegetable and pearl millet porridge curd and pickle quantity 160gm, protein 9.53gm, carbs 50.36gm, fat 15gm, calories 380 kcal

### ==== 100% PLANT BASED MENU ====

VEGAN MINESTRONE **(f)** 750 garden fresh vegetables, tomato, beans, basil, vegetable broth and pasta quantity 200ml, protein 5.04gm, carbs 20.55gm, fat 1.4gm, calories 114.7kcal

 AVOCADO TOAST 1000 guacamole, sliced Hass avocados, Maldon sea salt and truffle spray quantity 120gm, protein 5.6gm, carbs 23.82gm, fat 10.16gm, calories 209kcal

HOT DOG 🏶 🕯 🚨 plant based chicken sausage, sauerkraut, mustard and tomato ketchup quantity 120gm, protein 16.8gm, carbs 19.3gm, fat 8.4gm, calories 219.7kcal

BLUEBERRY AND HAZELNUT ROCHER sugar free blueberry coconut center, dark chocolate, hazelnut paste and almond flakes quantity 100gm, protein 10.16gm, carbs 30.5gm, fat 26.95gm, calories 346kcal

### DESSERT

KESARI RASMALAI CCU 700 cold cottage cheese dumplings, saffron milk syrup quantity 125gm, protein 8.35gm, carbs 100gm, fat 3.5gm, calories 466.45 kcal

GULAB JAMUN 700 hot cottage cheese dumplings, saffron syrup, honey nuts quantity 125gm, protein 5.7gm, carbs 26.4gm, fat 5.24gm, calories 175.14 kcal

▲ FLOURLESS CHOCOLATE CAKE CDG 800 bitter chocolate, micro-sponge, vanilla ice crean quantity 126gm, protein 6.99gm, carbs 18.8gm, fat 19.1gm, calories 275.05 kcal

NEW YORK CHEESE CAKE berry combote quantity 100gm, protein 5.5gm, carbs 25.5gm, fat 22.5gm, calories 321 kcal

▲ TIRAMISU mascarpone, expresso infused savoiradi, cocoa powder, chocolate flakes quantity 125gm, protein 3.59gm, carbs 37.57gm, fat 16.97gm, calories 317.42 kcal

CLASSIC WALNUT BROWNIE 700 hocolate sauce, vanilla ice cream quantity 125gm, protein 9.99gm, carbs 33.46gm, fat 16.56gm,

SUGAR FREE DESSERT OF THE DAY 800 quantity 125gm, protein 3.32gm, carbs 11.90gm, fat 2.40gm, calories 82.83 kcal

700

SEASONAL SLICED FRUIT PLATTER 5 FRUITS a selection of locally sourced seasonal fruits

 ICE CREAMS selection of home-made ice creams and sorbets masala chai ice cream (DEL Signature), Tahitian vanilla Belgian chocolate, cold coffee, fresh strawberry coconut ice cream (vegan), passion fruit sorbet (vegan)

Gluten Crustaceans Mustard Milk vegetarian ▲ non-vegetarian

Celery Molluscs & Sulphite Sesame © Eggs A Lupin

1500

LKO



### KIDS MENU MONDAY-SUNDAY | 12:00HRS - 23:30HRS

MAC & CHEESE 0 baked macaroni & cheese	550
PEANUT BUTTER SANDWICH Deanut butter spread on a slice of bread	300
GRILLED HOT DOG a grilled smoked sausage with barbeque sauce	650
FISH STRIPS  flaky & tender fish sticks served with tartar sauce	650
FRENCH FRIES  batten shaped deep fried potato	350
SMILEY happy shaped crispy fried potato	350
MILKSHAKE Ochocolate, vanilla, strawberry, banana	350

# ı|ı ROSEATE HOUSE

NEW DELH

# BEVERAGE MENU

# - APERITIF & DIGESTIF

Campari	1700
Aperol	1400
Martini Bianco	1200
Cinzano Rosso	1200
Jägermeister	1200
Ricard	1100

# - LIQUEUR

Flor De Cana Spresso	1500
Patron XO Café	1300
Limoncello di Capri	1100
Amarula	1100
Sambuca Molinari	1100
Cointreau	1000
Conciere Triple Sec	600

# - BEER

Corona	600
Hoegaarden	600
Kati Patang	500
Kingfisher Ultra/Premium	500
Six Fields Blanche Finest Wheat Beer	500
Bira White	500
Foster's	475

# W/LICK (E) V

- VVHISK(E) I	
SINGLE MALT	
ISLAY The Classic Bruichladdich Bowmore 15 Y.O. Laphroaig Select	3200 2500 2400
SPEYSIDE Glenfiddich 21 Y.O. Glenfiddich 18 Y.O. Glengrant 18 Y.O. Aultmore 18 Y.O. Longmorn Balvenie 12 Y.O. Glenfiddich 15 Y.O. Singleton 12 Y.O. Glenfiddich 12 Y.O. Glen Grant 10 Y.O.	8000 3600 3600 3000 2800 2000 1900 1750 1700
HIGHLAND Dalmore 15 Y.O. Macallan 12 Y.O. Old Pulteney 12 Y.O. Glenmorangie 10 Y.O. Aberfeldy 12 Y.O. Speyburn 10 Y.O.	3600 2600 1800 1800 1700 1600
ISLE OF SKYE	

Talisker Storm 3000

# - WHISK(E)Y

### **BLENDED MALT**

BLENDED MALI	
Johnnie Walker Gold Label Reserve Dewars 15 Y.O. Monkey Shoulder Johnnie Walker Black Label Dewars 12 Y.O. Johnnie Walker Red Label Johnnie Walker Blonde	2400 1700 1700 1700 1400 1000
JAPAN Hibiki Harmonay Kirin Fuji Sanroku Toki Suntory Tenjaku Whisky	3200 3000 1500 1300
TENNESSEE, BOURBON Michter's Bourbon Buffalo Trace Bourbon Whiskey Maker's Mark Jack Deniels Old No 7 Wild Turkey Jim Beam Black	2400 1800 1600 1500 1300 1100
INDIA Gianchand Godawan Indri Singhasan	2000   400   400   200
IRISH Teeling Irish Whiskey Bushmills Irish Whiskey	1800 1400
RYE Michter's Rye Templeton Rye 4YO	3200 2000

## - VODKA

Beluga Gold	5000
Crystal Head	3000
Roberto Cavalli	2800
Mont Blanc	2000
Grey Goose	1600
Dyavol Single Estate	1600
Beluga, Noble	1600
Belvedere	1500
Stolichnaya	1300
Sky Vodka	1000

# - RUM

Ron Diplomatico Reserva Exclusiva Rum	2400
Black Tears Spiced Rum	1500
Flor De Cana Extra Seco	1400
Mount Gay Eclipse Silver	1200
Bacardi Carta Blanca	800
Old Monk Dark	800
Old Monk White	800

### - GIN

Mirabeau Dry Gin The Botanist Islay Gin Sabatini Akori Sipsmith Jodhpur Colonsay Gin Original Roku Japanese Craft Hendricks	3600 2400 2200 2200 2200 2000 1800 1800 1700
Bulldog Tanqueray	1300
Bombay Sapphire	1300
Hapusa Gin	1400
Tenjaku Gin	1200
Terai	1000
Greater Than	900

# - TEQUILA

Don Julio Reposado	3200
Don Romeo Reposado	3200
Corralejo Reposado	3000
Don Julio Silver	2800
1800 Anejo	2500
Patron Reposado	2400
Don Romeo Bianco	2000
Corralejo Bianco	2000
Patron Silver	1800
Don Angel Bianco	1000
Jose Curevo Especial	800

## - COGNAC

Remy Martin VSOP	2400
ST- Remy VSOP	1600

# - WINE BY THE GLASS

ROSE WINE BY THE GLASS Sula The Source Grenache Rose, Nashik, India	1100
SPARKLING WINE BY THE GLASS	
Cinzano Prosecco, Italy	1300
Fratelli Brut, India	1300
WHITEWINE BY THE GLASS	
Giacondi, Chardonnay, Italy	1400
Five reserve Chenin Blanc, South Africa	1300
Two Ocean Chardonnay, South Africa	1300
Black Tower, Riesling, Germany	1200
Hotel De La Bourse Bordeaux, Semillon, Sauvignon Blanc, France	1200
Fishing Cat Pinot Grigio, Italy	1100
Fratelli, Sauvignon Blanc, India	1100

# - WINE BY THE GLASS

RED WINE BY THE GLASS	
Merius, Syrah Grenache, French	1700
Monte Pacifico, Merlot, Chile	1500
AG Forty Seven Malbec, Argentina	1200
Hotel De La Bourse Bordeaux Merlot, Cabernet Franc, France	1200
Sula Rasa Syrah, Nashik India	1200
Fishing Cat Merlot, Italy	1100
Sula Rasa Zinfandal, Nashik India	1100
Sula, Shiraz Cabernet, Nashik India	1100

## - CHAMPAGNE

Lanson Le Black Label Brut	32000
Moet & Chandon Brut	27000
Devaux Brut	24000

# - SPARKLING WINE

Casa Bottega Prosecco Rose, Italy	12500
Casa Bottega Prosecco Brut, Italy	10500
Fishing Cat, Spumante Brut, Italy	8000
Codorniu Clasico Brut Cava Spain	7000
Fratelli Brut, India	6000
Cinzano Prosecco, Italy	6000

# - WHITE GRAPES

### **CHARDONNAY**

Domaine long Depaquit Chablis, Burgundy, French	29000
Penfold Koonnunga Hill, Chardonnay, Australia	8500
Giacondi, Chardonnay, Italy	6500
Monte Pacifico, Chardonnay, Chile	6000
Two Ocean Chardonnay, South Africa	6000
Luz Maria, Chardonnay, Chile	5,500
Bush Ballad, Chardonnay, Australia	5000

### SAUVIGNON BLANC

Jacky Marteau Sauvignon Blanc, Loire Valley, French	9000
Gato Negro, Sauvignon Blanc, Chile	6500
Sula Sauvignon Blanc, Nashik, India	5000

### **RIESLING**

I Heart, Riesling, Germany	5500
Black Tower, Germany	5500

### CHENIN BLANC

Five Reserve Chenin Blanc, South Africa	6000
Fratelli Chenin Blanc, India	5000

### **PINOT GRIGIO**

Zonin, Fruili Aquileia, Doc, Italy	9000
Sartori Di Verona, Friuli Grave DOC, Italy	7000
Fishing Cat Pinot, Grigio, Italy	5000

# - RED GRAPES

CABERNET SAUVIGNON Château Rollan de By Médoc Cru Bourgeois, France Ironstone, Cabernet Sauvignon, USA Chateau Lacoste Garzac, Cabernet Sauvignon ,Franc, Merlot,	40000 9000 8000
Bordeaux, France Sula Rasa, Cabernet Sauvignon, Nashik, India Monte Pacifico, Cabernet Sauvignon, Chile	8000 8000
PINOT NOIR Monte Pacifico, Pinot Noir, Chile Camas, Pinot Noir, France	6000 6000
SHIRAZ ChateauNeuf du Pape, Syrah Grenache Vielies Vignes, France M.Chapoutier Crozes-Hermitage Les Meysonniers, Rhone, France Marius, Syrah Grenache, France Yellow Tail, Shiraz, Australia Sula Rasa Syrah, Nashik India Bush Ballad, Shiraz, Australia	40000 22500 8000 7000 6000 5000
MERLOT Monte Pacifico Merlot, Chile Fishing Cat Merlot, Italy Fratelli, Merlot, India	7000 5500 5000
MALBEC Senorita Malbec Reserva, Chile AG Forty Seven Malbec, Argentina	7000 5500
SANGIOVESE Brunello Di Montalcino Bonacchi, Italy Golden Sparrow, Italy	18000 6000
ROSE Sula The Source Grenach Rose, Nashik India Sula Zinfendel Rose, Nashik India	5000 5000
INTERESTING BLENDS  Duckhorn Napa Valley, Cabernet Sauvignon, Merlot, Cabernet Franc, Petit Verdot. USA	35000
Zenato Ripassa Valpolicella DOC Superiore, Italy Duckkhon Napa Valley, Merlot, Cabernet Sauvignon, USA M. Chapoutier Bila-Haut Grenache, Syrah, Marselan, France Fratelli Sette, India Bush Ballad, Shiraz Cabernet, Australia Sula, Shiraz Cabernet, Nashik India	29500 25000 15000 8000 5000

### - MIXOLOGY

Gin & Tonic 950

"Gin and tonic has saved more Englishmen's lives, and minds, than all the doctors in the Empire." - Winston Churchill

### East India Company

gin, lime, coconut, bell pepper, tonic

### Mediterranean tonic

gin with green apple, rosemary, strawberry, topped up with tonic water

#### Ouinine fog

gin with ginger bread syrup, ginger juice, pineapple juice, lime juice, topped up with tonic water.

### J&K

gin, lime, cucumber, rosemary, tonic

### ROSEATE HOUSE SIGNATURE

1100

### **SOURS**

"When life hands you lemons, make sours"- Elbert Hubbard

### **Smokey Sour**

whisky, egg white, maple syrup, lime juice, angostura bitter

### Malt and Honey

scotch, Drambuie, honey and orange syrup, lime juice, bitters

### The dessert Rose

gin, strawberry, cucumber, rosemary, apple cider vinegar, topped up white wine

### Mr. Black

rasins infused whiskey tennessee, coffee, pineapple, toffee syrup, bitters

#### NRI

walnut infused bourbon, lime, homemade Indian spiced sugar, bitters

### The Idealist

tequila, kaffir lime, pineapple and peach, lime juice, bitters

INHERITED 1100

### Kir Royale

The kir became popular in French cafes in the middle of the 19th century and was further popularized by Felix Kir after World War II. Then mayor of Dijon in Burgundy, France, served the drink often to promote his region's fine products. The name kir has been associated with the drink ever since.

### Aperol Spritz

It's late spring, 6 p.m. Golden hour is nigh. It's too late for lemonade, too early for whiskey — spritz time on the dot. First the spritz, then the Aperol, and finally, the marriage of the two.

### Boulevadier

It was first published in the 1920's bar book, ABC of Mixing Cocktails by the renowned bartender Harry MacElhone. It also appeared in his 1927 book, Barflies, and Cocktails. The bittersweet interplay between Campari and vermouth remains, but the whiskey changes the storyline.

### Clover Club

The Clover Club cocktail is another pre-prohibition cocktail that is becoming a new favourite among current cocktail-drinkers. The name comes from the Philadelphia men's club, where it originated, and was being enjoyed as early as 1910.

### Moscow Mule

"The mule was born in Manhattan but 'stalled' on the west coast for the duration," the paper read. "The birthplace of 'Little Moscow' was in New York's Chatham Hotel.That was back in 1941 when the first carload of Jack Morgan's Cock 'n' Bull ginger beer and John Martin vodka comes together."

# - MIXOLOGY

NON ALCOHOLIC MIX	400
Basil Smash basil, lemon grass, homemade Indian spice sugar syrup, ginger ale	
Borrito	
blueberry, coffee, mint, lime, ginger ale	
Aquarius mint, ginger, lime juice, ginger ale	
ICED TEAS	550
Apdishati	
Jamiran Narid	
Sevon Tvak	
Amraa	
ROSEATE SIGNATURE TEA	550
Longjing Tea Silver Needle Tea	
Jasmine Pearl Tea	
Darjeeling First Flush Tea	
CAFÈ	
"Behind every successful person is a substantial amount of coffee."  Anne Morrow Lindbergh	
Café latte	600
Café au lait Café mocha	600 600
Сарриссіпо	600
Cold coffee	600
Americano Macchiato	600 600
Espresso	500
TWG TEA	550
"A cup of tea makes everything better." - Bindi Irwin	330
Black Chai	
1837 Black Tea	
Chamomile Earl Grey Buddha	
London Breakfast	
Alfonso	
l 837 Green Tea Crème Caramel	
A EDATED DEVEDACES	250
AERATED BEVERAGES  coke, diet coke, zero coke, soda, tonic, ginger ale, sprite, fanta	250
Red Bull	400
Evian Mineral water	550
Veen Sparkling water Veen Still water	450 400
Perrier Sparkling water 750 ml	450
Perrier Sparkling water 330 ml	300 450
Sparkling water 750 ml Sparkling water 330 ml	300
Mineral water 1000 ml	250
Mineral water 500 ml	1 <i>5</i> 0 325
Fresh juice seasonal	323
Shake	325
vanilla, chocolate, strawberry	